

Cat city, Living Museum & Mulu National Park

Borneo Adventure

Discover land of the hornbills in 5 days 4 nights tour program.

Kuching is one of the most attractive cities in Southeast Asia. It is a developing metropolis but over the years it has managed to keep its traditions alive by protecting the cultures of its indigenous races as well as preserving its natural habitat. Geographically Kuching is a city divided by the meandering Sarawak River, virtually dividing it in two. Kuching is also surrounded by vast lush rainforest where breathtaking natural formations like waterfalls, caves and rivers can be found. Visitors to Kuching will also discover Borneo's distinct ecology to be fascinating as they trek through the natural tropical rainforest.



This program:

Kuching city & shopping tour. Participants will visit Ornat Chinese China Town, Old Temple, The Astana, City Tower, Sarawak Museum, Cat Monument, Main Bazaar, China Town, Old State Mosque and etc.

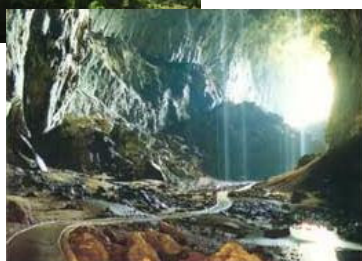
The **Sarawak Cultural Village** is a unique and dynamic cultural centre preserving Sarawak's rich cultural heritage and sharing a global cultural harmony towards human understanding and brotherhood.

Well known as Living Museum, depicts the heritage of the major racial groups in Sarawak and conveniently portrays the respective lifestyle amidst 14 acres of equatorial vegetation. Here, it is possible to see Sarawak's ethnic diversity at a glance.



The handicraft is both bewildering and tempting, including the Kain Songket (Malay cloth with gold inlay), Pua Kumbu (Iban housewives textiles), Melanau Terendak (sunhat), Bidayuh tambok (basket), Iban parang (swords), Orang Ulu wood carving and Chinese ceramic.

The 45-minute cultural performance of songs, dances and entertainment is something you will not want to miss out during your visit to Sarawak.



Gunung Mulu National Park, (52,000 Ha) in Sarawak encompasses incredible caves and karst formations in a mountainous equatorial rainforest setting. Mulu continues to retain this sense of adventure associated with its' original exploration through the provision of adventure caving and other adventure activities. Emphasis is also placed on promoting an awareness of the park's significance and its environment through activities that foster an understanding and appreciation of the parks values.

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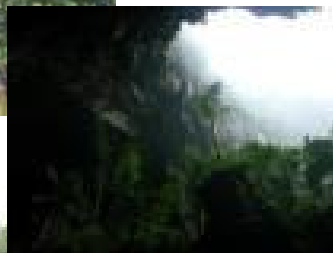
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Deer Cave is reached by following a three kilometer plank walk which passes through peat swamp, alluvial flats and limestone outcrops. There is much to see on the way to the cave, including some superb rainforest, jungle streams and an ancient Penan burial cave.



Lang's Cave is the smallest of the show caves but its rock formations are well worth seeing. These are made all the more attractive by the strategically positioned spotlights which highlight stalactites and stalagmites. As the cave is relatively small and well-lit, it offers good opportunities to see some of its inhabitants such as bats, swiftlets and even cave-dwelling snakes.

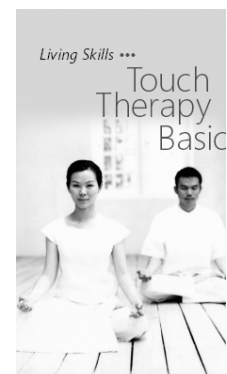


Clearwater Cave is Asia's longest cave, measuring some 10km. It has a subterranean river, part of which is navigable by boat.

Wind cave is famous for the naturally "sculpted" column and pillars of the King's Chamber while the Clearwater caves was formed by the waters of the 118km long cave system.

Living Skills:

- **Digital Photography capture your memories**
A practical use of technology to capture your memories.
- **Metamorphosis**
- **Touch Therapy Basic**
A combination of YOGA to help everyone balance, harmonize and recharge your body and Head/Shoulder and Neck massage skills taught by qualified Yoga guru and therapist respectively.



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Price without air-ticket

Kuching Hilton (5 stars)	:	RM1438
Riverside Crown/ Merdeka Palace (4 stars)	:	RM 1413
Grand continental (3 stars)	:	RM 1366

Terms and conditions:

The package includes:

- Experience guide services.
- Accommodation: 1 night at your choice of Kuching City hotel with Breakfast, 1 nights at Holiday Inn Damai Lagoon Resort with breakfast, 2 nights at Royal Mulu Resort with breakfast.
- All meals (Total: 4 breakfast, 2 lunch & 3 dinner) that mentioned (**exclude out of pocket arrangement**).
- Local transportations (**exclude out of pocket arrangement**).
- All excursion venues mentioned and entrance fees.
- All the Functional and Living Skills mentioned.
- MAS Airfare from Kuching to Mulu and Mulu back to Kuching with airport taxes (subjected to group fare availability).

The package excludes:

- Travel insurance. Participants are advised to arrange their own coverage for the event.
- The transportation cost to Kuching and leave Kuching.
- Airport Tax, Visa fees and arrangements, luggage overweight charges and any surcharges (if applicable).

Note: The programme is subject to change. Please refer to www.nclsolutions.com/new.html for